



LET GO OF SUPERSTITION

Chorus:

Let go of superstition
For it will never end
Relax into the natural state
And you will find a friend

A friend who is always there
A friend who never leaves
Guiding you and loving you
Relaxed and peaceful ease
(Chorus)

A friend who is always there
If you take the time
To sit yourself down and look inside
And there you will find Clear Mind
(Chorus)

Above the clouds on a cloudy day
The sun always shines
And underneath your talking mind
Is a clear and spacious sky
(Chorus)

Now relaxing into the natural state
Is not as easy as it seems
It's best if you find a teacher
Who can guide you in your dreams