

## Requests to the Lineage Gurus

Gyäl wa gya tshöi rig Dag Dor je chhö  
**To Vajradharma, lord of the family of  
the ocean of victorious ones;**

- *Vajradharma, family holder;*

Gyäl wäi yum chhog Dor je näi jor ma  
**Vajrayogini, supreme mother of  
the victorious ones;**

- *Vajrayogini, supreme mother;*

Gyäl sä thu wo na ro ta päi zhab  
**Naropa, preeminent child of  
the victorious ones,**

- *Naropa, chief son of the victors:*

Söi wa Deb so Ihän kye ye she tsöi  
**I request: please bestow the innate exalted  
wisdom.**

- *Please bestow great bliss and void wisdom.*

Sang chhen Iob shä Dzin päi pham thing pa  
**To the Pamtingpas, holders of the explana-  
tions of the great secrets for disciples;**

- *Pamtingpas, holders of great secrets;*

Sang Dzö kün gyi ter gyur she rab tseg  
**Sherab Tseg, you are a treasure of all  
the secret treasuries;**

- *Sherab Tseg, treasure of all secrets;*

Sang ngag gya tshöi nga Dag mäi Iöi zhab  
**Mal Lotsawa, chief of the ocean of secret  
mantra,**

- *Mäl Lotsawa, secret mantra lord:*

Söi wa Deb so Ihän kye ye she tsöi  
**I request: please bestow the innate exalted  
wisdom.**

- *Please bestow great bliss and void wisdom*



Dor je chhang wang la chhen sa kya pa  
**To the great Sakya lama [Kunga Nyingpo],  
 powerful lord Vajradhara;**

- *Sachen Kunga Nyingpo, Vajradhara;*

Dor jei sä chhog je tsün sö nam tse  
**Jetsun Sonam Tsemo, supreme vajra child;**

- *Sönam Tsemo, supreme vajra child;*

Dor je Dzin päi tsug gyän Drag päi zhab  
**Dragpa [Gyaltsen], crown ornament of vajra  
 holders,**

- *Dragpa Gyältsen, vajra holders' crown:*

Söl wa Deb so Ihän kye ye she tsöl  
**I request: please bestow the innate exalted  
 wisdom.**

- *Please bestow great bliss and void wisdom.*

Sa kya pän chhen gang chän khä päi je  
**To the great Sakya Pandita, lord of  
 the scholars of the land of snows;**

- *Sakya Pandita, master scholar;*

Sa sum kye güi tsug gyän phag päi tshän  
**[Chogyal] Phagpa, crown ornament of all  
 beings of the three levels;**

- *Chögyäl Phagpa, crown of all three realms;*

Sa kyäi tän Dzin zhang tön chhö jei zhab  
**Shangton Choje, holder of the Sakya  
 doctrine,**

- *Shangtön Chöje, holder of Sakya:*

Söl wa Deb so Ihän kye ye she tsöl  
**I request: please bestow the innate exalted  
 wisdom.**

- *Please bestow great bliss and void wisdom.*



Drub päi wang chhug nam za Drag phug pa  
**To Namza Dragpugpa, powerful lord of adepts;**

- *Naza Dragpugpa, lord of adepts;*

Drub chhog khä päi De pön chhö kyi je  
**Dharma Lord [Sonam Gyaltzen], supreme adept, helmsman of scholars;**

- *Sönam Gyältsen, master realized one;*

Drub rig nyän gyü nga Dag yar lung par  
**Yarlungpa, chief of the whispered lineage of adepts,**

- *Yarlungpa, realized lineage chief:*

Söl wa Deb so Ihän kye ye she tsöl  
**I request: please bestow the innate exalted wisdom.**

- *Please bestow great bliss and void wisdom.*

Dag zhän Dro wäi kyab gön gyäl wa chhog  
**To Gyalwa Chog, refuge-protector of all living beings, myself and others;**

- *Gyälwa Chog, protecting all beings;*

Dag nyi chhen po jam yang nam khäi tshän  
**Dagchen Jamyang Namkha Gyaltzen;**

- *Jamyang Namkha Gyältsen, great being;*

Dag chhen chhö je lo Drö gyäl tshän zhab  
**Dagchen Lodro Gyaltzen, lord of the Dharma,**

- *\*Lodro Gyältsen, great lord of Dharma:*

Söl wa Deb so Ihän kye ye she tsöl  
**I request: please bestow the innate exalted wisdom.**

- *Please bestow great bliss and void wisdom.*



Ka Drin nyam me je tsün Do ring pa  
**To Jetsun Doringpa, unparalleled in  
 kindness;**

- *Jetsün Doringpa, kindness unmatched;*

Ka zhin Drub päi tän Dzin lo säi wang  
**Holder of the teachings, powerful Losal  
 [Gyatso], who practiced as advised;**

- *Losel Gyatso, practiced gurus' words;*

Ka gyü sang chhen ma wa khyen tsei zhab  
**[Jamyang] Khyentse, propounder of the oral  
 lineage of the great secrets,**

- *Jamyang Khyentse, expounds great secrets:*

Söl wa Deb so Ihän kye ye she tsöl  
**I request: please bestow the innate exalted  
 wisdom.**

- *Please bestow great bliss and void wisdom.*

rig ngag chhang wa lab sum gyäl tshän  
 Dang

**To Labsum Gyaltzen, holder of knowledge  
 mantras;**

- *Labsum Gyältsen, mantra knowledge one;*

rig gyäi khyab Dag wang chhug rab tän päi  
**Glorious Wangchug Rabten, pervasive lord  
 of the hundred families;**

- *Wangchug Rabten, hundred family lord*

rig kyi tso wo je tsün kan gyur wa  
**Jetsun Kangyurwa, principal of the families,**

- *Jetsün Kagyur, family principal:*

Söl wa Deb so Ihän kye ye she tsöl  
**I request: please bestow the innate exalted  
 wisdom.**

- *\*Please bestow great bliss and void wisdom.*



Kyil khor gya tshöi khyab Dag zha lu wa  
**To Shaluwa, pervasive lord of the ocean of  
mandalas;**

- *Shaluwa, mandala ocean lord;*

Kyil khor kün gyi tso wo khyen rab je  
**Khyenrabje, principal of all the mandalas;**

- *Khenrabje, head of all mandalas;*

Kyil khor khor löi Dag po mor chhen zhab  
**Morchenpa, lord of the circle of mandalas,**

- *Morchenpa, mandala circle lord:*

Söl wa Deb so Ihän kye ye she tsöl  
**I request: please bestow the innate exalted  
wisdom.**

- *Please bestow great bliss and void wisdom.*

Nyän gyü gya tshöi De pön nä sar wa  
**To Nesarwa, helmsman of the ocean of  
the whispered lineage;**

- *Nesarwa, the whispered-line helmsman;*

Nyän gyü nga Dag lo säi phün tshog Dang  
**Losal Phuntsog, chief of the whispered  
lineage;**

- *Losel Phuntsog, lord of whispered line;*

Nyän gyü peI khä tän Dzin thrin lä zhab  
**Tenzin Trinley, skilled in spreading  
the whispered lineage,**

- *Tenzin Trinley, whispered-line scholar:*

Söl wa Deb so Ihän kye ye she tsöl  
**I request: please bestow the innate exalted  
wisdom.**

- *Please bestow great bliss and void wisdom.*



Gan Dän tän Dzin khyab Dag kan gyur wa  
**To the pervasive lord Kangyurwa Ganden Tenzin;**

- *Kangyurwa, lord of Ganden doctrine;*



Gan Dän Dar gyä nyig Dü Dro wäi nyen  
**Ganden Dhargye, friend of living beings in the time of degeneration;**

- *Ganden Dhargye, friend of all beings;*



Gan Dän Iug Dzin Dhar ma bha Dräi zhab  
**Dharmabhadra, holder of the Ganden tradition,**

- *Dharmabhadra, Ganden line holder;*



Söl wa Deb so Ihän kye ye she tsöl  
**I request: please bestow the innate exalted wisdom.**

- *Please bestow great bliss and void wisdom.*

Do gyü kün gyi Iam gyi nä Dzog päi  
**To Lozang Chopel, chief of sutra and tantra,**

- *Losang Chöpel, sutra-tantra lord,*



Do gyü nga Dag lo zang chhö phel Dang  
**Who completed the essentials of the paths of all sutras and tantras;**

- *You completed main points of all paths;*

Do gyü pel khä jig me wang pöi zhab  
**Jigme Wangpo, skilled in spreading sutra and tantra,**

- *Jigme Wangpo, sutra-tantra sage;*



Söl wa Deb so Ihän kye ye she tsöl  
**I request: please bestow the innate exalted wisdom.**

- *Please bestow great bliss and void wisdom.*

*Phabongkha Rinpoche*

Na ro kha chö min Dröl Iam zang nä

**To Dechen Nyingpo, blessed by Naropa**

- *Dechen Nyingpo, blessed by Naropa,*

Na ro pa zhin leg par Dom pa Ia

**To instruct perfectly—just as Naropa did—**

- *Explains like Naropa perfectly*

Na rö jin Iab De chhen nying po Ia

**In the essentials of the excellent ripening  
and liberating paths of Naro Khechari,**

- *Essence of Naro dakini path:*

Söl wa Deb so Ihän kye ye she tsöl<sup>4</sup>

**I request: please bestow the innate exalted  
wisdom.**

- *Please bestow great bliss and void wisdom.*

[*Kyabje Trijang Rinpoche*

Dor jei go phang Drüb päi nye Iam chhog

**To Lozang Yeshe, vajra-holder,**

- *Losang Yeshe, the vajra holder*

Dor je tsün möi min Dröl Dam päi Dzö

**Treasury of instructions on the ripening  
and liberating paths of the Vajra Queen,**

- *Of treasure of Vajra Queen teachings,*

Dor je Dzin pa Io zang ye she Ia

**The supreme quick path for accomplishing  
the vajra state,**

- *Quick path to attain the vajra state:*

Söl wa Deb so Ihän kye ye she tsöl

**I request: please bestow the innate exalted  
wisdom.]**

- *Please bestow great bliss and void wisdom.*



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The verse for your own root guru<sup>5</sup> or the verses to Lama Zopa Rinpoche and his gurus can be inserted here.<sup>6</sup>

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Kye rim zab mo kha chö näI jor Dang

**Please grant me blessings that, through the force of meditating**

- *Bless me please through the force of my practice*

Dzog rim ü mäi näI jor gom päi thü

**On the profound Khechara yoga of the generation stage**

- *On Dakini yoga of kye rim*

De chhen Ihän kye ye she kye wa Dang

**And the central channel yoga of the completion stage,**

- *And shushuma yoga of dzog rim*

Kha chö go phang thob par jin gyi Iob

**I may generate the exalted wisdom of innate great bliss and attain the state of Khechara.**

- *Please grant spontan'ously born great bliss.*

### *Blessings of the Four Initiations*

*Request three times, saying:*

Kyab nä kün Dü Ia ma Ia

**To the guru encompassing all objects of refuge,**

- *I request you, dear Lama,*

SöI wa Deb so jin gyi Iob

**I request: please grant blessings;**

- *Essence of refuge jewels,*

Wang zhi Dzog par kur wa Dang

**Please confer the four initiations completely,**

- *Please grant four empowerments.*

Ku zhii go phang tsäl Du söI (3x)

**And bestow the state of the four bodies. (3x)**

- *Bestow please, the four bodies. (3x)*