

Calling the Guru from Afar

Lama Khen (3 x)

(Please Guru, think of me)

Glorious Guru, ousting ignorance;
Glorious Guru, revealing the path:
Glorious Guru, freeing from samsara;
Glorious Guru, ceasing the five poisons;
Glorious Guru, wish-granting jewel;
I beseech you, please grant me blessings.
Glorious Guru, please bless me to recall
Death and impermanence from the heart.
Glorious guru, please bless me to have
The thought of no need in my mind.
Glorious Guru, bless me to abide
In wilderness focused on my practice.
Glorious Guru, please bless me not to
Have any hindrance to practice.
Glorious guru, please bless me so all
Bad conditions appear encouraging.
Glorious guru, please bless me to complete
the two works of self and others.
Glorious Guru, please bless me now, soon.
Please bless me soon, very soon.
Please bless me as I sit on my cushion;
Please bless me in this very session.

After reciting these verses, recite any requesting prayers to your own Guru that you wish.

May I not arise heresy even for a second
In the actions of the glorious Guru.
May I regard whatever actions are done as pure.
[With this devotion] may I receive the blessings of the Guru in my heart.

Then recite the following verse and mediate on the Guru entering your heart.

Magnificent and precious root Guru,
Please abide on the lotus seat at my heart.
Guide me with your great kindness,
And grant me the realizations of your holy body, speech and mind.