

Kye rim zab mo kha chö näi jor Dang

Please grant me blessings that, through the force of meditating

- *Bless me please through the force of my practice*

Dzog rim ü mäi näi jor gom päi thü

On the profound Khechara yoga of the generation stage

- *On Dakini yoga of kye rim*

De chhen Ihän kye ye she kye wa Dang

And the central channel yoga of the completion stage,

- *And shushuma yoga of dzog rim*

Kha chö go phang thob par jin gyi lob

I may generate the exalted wisdom of innate great bliss and attain the state of Khechara.

- *Please grant spontan'ously born great bliss.*

Blessings of the Four Initiations

Request three times, saying:

Kyab nä kün Dü la ma la

To the guru encompassing all objects of refuge,

- *I request you, dear Lama,*

Söi wa Deb so jin gyi lob

I request: please grant blessings;

- *Essence of refuge jewels,*

Wang zhi Dzog par kur wa Dang

Please confer the four initiations completely,

- *Please grant four empowerments.*

Ku zhii go phang tsäl Du söi (3x)

And bestow the state of the four bodies. (3x)

- *Bestow please, the four bodies. (3x)*