

## THREE PRINCIPLES OF THE PATH

Chorus:

Any action that I do without one of three thoughts

Only brings sorrow, and only causes more pain.

So listen while I tell you these three thoughts

Who seek liberation

Future experience comes from present thought

So set your pure motivation.

Things of this world are to use but not to grasp

Grasping binds to sorrow's wheel

Craving, grasping from my mind must pass

My chance for liberation it will steal.

Chorus:

I remember everyone was my mother

And all their sufferings I cannot bear

I live my life to serve and cherish others

Armour of light, gladly I wear

Chorus:

Everything we perceive is deception

Out there, real, concrete and true

Like a dream is true perception

The first step towards the right view.

Chorus: